



Muswellbrook Public School

What's On – Term 1 – Week 4

Humanity and Excellence

Roger Street, Muswellbrook NSW 2333

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Telephone: (02)6543 2500 Fax: (02) 6543 3378

Stay up to date with the Skool Bag App – Muswellbrook Public Skoolbag"

Find us on Facebook: @MuswellbrookPublicSchool



We are
SAFE

We are
RESPECTFUL

We do our
PERSONAL BEST

Everyone, Everywhere & Every Time

Dear Parents and Carers,

Here we are in Week 4 already!

Another lovely rainy start to our week – the whole area has certainly greened up including our very own Frog Hollow, which looks amazing. I sincerely hope our regional farmers are gaining some tangible benefit from this wet weather.

However, in this time of heavy downpours, it is important to remind students to stay well away from all areas of banked up water. These waters can be surprisingly and unobtrusively fast flowing into drains or streams, and pose real safety risks. They are certainly not areas for recreation or skylarking. Taking an alternative, maybe longer, route between home and school is a much better option than risking danger - and of keeping dry feet! Please remind your children of this on those rainy days.

I have to say, I am enjoying hearing about and meeting the community of MPS. Last week's P&C meeting was really well attended and productive. I encourage all parents and carers to get on board with this team that does so much to support our students. The MPS Fete is already in the planning stage and promises to be a fabulous event in October. P&C meetings are held on the first Tuesday of each month at 6pm in the staff room.

Don't forget that the Power FM crew will be at our school this Thursday morning. They'll be broadcasting live and serving everyone a healthy breakfast from 7am on the back oval. All families are welcome to come along and enjoy the fun.

Best wishes to you all for a great week.

Fiona Lewis
Relieving Principal



UPCOMING EVENTS

ASSEMBLY NEWS

All assemblies will commence this week.

The K-2 assembly will be held on Wednesdays at 2:30pm and the 3-6 assembly will be held on Fridays at 2:30pm.

This week the 3-6 assembly will see the presentation of badges.

HEALTHY HAROLD

MPS will be participating in the life education program starting Monday 9th March – Friday 20th March 2020.

The cost of the event is \$3.00 per student. This has been subsidised from \$10.00 through the generous sponsorship provided by BHP Mt Arthur Coal Mine.

An information note has been sent home, please complete the permission slip and return to school accompanied by your \$3.

Thank you



POWER FM SCHOOL'S BREAKFAST – *is happening this week!*

Power FM's Schools Brekky is heading to Muswellbrook Public School on Thursday, February 20.

Stolzy and Damien Leith from the Power Brekky Show will be broadcasting live from 7am. There will be a free breakfast for students provided by Kellogg's and Woolworths Muswellbrook.





PCYC
MUSWELLBROOK

LEARNING

SATURDAYS 10AM TO 12PM

\$100 PER TERM
CREATIVE KIDS VOUCHER CAN BE USED

\$15 CASUAL BOOKING.

MUST BE A PCYC MEMBER. FOR CHILDREN AGED 8-16 ONLY.

Cnr Carl & Market Streets, Muswellbrook
Ph. (02) 6541 1434 Email: muswellbrook@pcycnsw.org.au

Find us on Facebook

SAY CHEESE!

School photos are scheduled for Wednesday 26th February and Thursday 27th February 2020.

Photo envelopes have been sent home. If you have not received one please phone the office on 6543 2500.

Please ensure that Students are dressed in full school uniform for their photo.

An information flyer is also included in the newsletter.

ON TONIGHT!



Parent Information Sessions
Please come along to meet your child's teacher and learn about the curriculum for 2020.

Kindergarten – Tuesday 18th February 2020 @ 3:30pm in the School Library

We hope to see you there!

YEAR 6 SHIRTS

Year 6 have the opportunity to purchase a Year 6 polo shirt to commemorate their time at Muswellbrook Public School. These shirts will have "Class of 2020" logo on the back, as well as a list of all Students and Teachers names. Students will be permitted to wear their shirts to school on Tuesdays and Thursdays for the duration of the Year.

The cost of the shirts will be \$40 each. Year 6 will do some fundraising activities throughout Term 1 to offset the original higher cost of the shirts.

It is requested that the money be paid by Wednesday 19th February 2020. *NO LATE ORDERS WILL BE ACCEPTED.*

LOST AND FOUND

A BAG OF CHILDRENS TOYS WERE FOUND FOLLOWING THE SWIMMING CARNIVAL.

IF YOU HAVE MISPLACED SOME TOYS, PLEASE PHONE THE SCHOOL ON 6543 2500 AND GIVE A DESCRIPTION OF THE TOYS.



Year 6 Students will again be attending Lake Keepit Sport and Recreation Centre this year.

The camp will take place from Monday 11th May – Friday 15th May 2020.

A non-refundable deposit of \$150 is required by Tuesday 25th February 2020 to secure your child's place on this excursion.

The remaining instalments need to be paid by the following dates:

2nd payment - \$100 is required by Tuesday 24th March

3rd payment - \$100 is required by Tuesday 7th April



Zone Upper Hunter PSSA trial for Rugby League

Permission notes have been sent home to those students who were selected

When: Wednesday, 26th February 2020

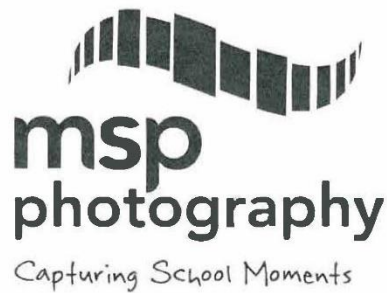
Time: Start 9:00am (sharp). Finish at 3:00pm

Venue: Jefferson Park, ABERDEEN

Cost: \$5 paid to the school and an additional \$2 on the day to pay for referees.

Transport: Private Transport (parent supervision required on the day)

Uniform: School Uniform, Boots, Socks, Shorts, mouthguard and protective gear.



say cheese

School Photo Day is

26 February 2020 / 27 February 2020

Have your child's school memories captured forever

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:



- Don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon *request*
- Please enclose correct money as no change is given.
- Credit card payments are available online - You will need your personalised shoot key located on your child's envelope to place your order online.

For any enquiries, please feel free to contact us

e admin.nhvcc@msp.com.au

p +61 2 4966 8292

f +61 2 4966 8293

www.msp.com.au

trivia night

McCully's Gap Landcare Group

When: Friday 21st February 2020

Time: 7:00pm

Where: Muswellbrook RSL

Tables of 8 - \$10 per person

There is over \$1000 in prizes to be won!

RSVP; Lyn Richards – lyn.richards2@det.nsw.edu.au



MUSWELLBROOK
PUBLIC SCHOOL
Fete will be
held on Friday
23RD OCTOBER
2020.

Workers of the Week – Week 3

1/2W – Blayze S – for his outstanding writing.

1F – Kiahni V – for her excellent writing about daily routines.

1WT – Gracie S – for her outstanding survival list for the year.

2J – Bailey F – for her excellent self-portrait.



Bailey F – pictured with her excellent self-portrait

Principals Awards

1M – Zac N – for his awesome natural features artwork.

2H – Keilana C – for her excellent reading in reading groups.

Our students need to be congratulated on the wonderful start they have had to 2020.



relationship experts since 1926

COMING TO OUR SCHOOL ON WEDNESDAY 4TH MARCH 2020

Session 1 – where did I come from? Starting at 6:00pm
(Aimed at students in year 3-4)

Session 2 – preparing for puberty? Starting at 7:15pm
(Aimed at students in years 5-6)

**The cost is \$32 per family for 1 session
and \$37 per family for 2 sessions.**

**PLEASE NOTE PAYMENT MUST BE MADE IN
CASH TO THE SCHOOL OFFICE!**

EVERYONE IS WELCOME TO ATTEND!

Please see session overview and permission flyer below for
additional detail.



For more information call
the School on 6543 2500

Family Program Bundle 2



overview & session outline

Session 1: Where did I come from? (Years 3 & 4)

Objectives

- To help children aged 8-10 years gain an understanding of the structure and functions of the reproductive system in males and females.
- To provide information on conception (describing sexual intercourse, associated with love in the context of a caring relationship), foetal development and birth of a baby.
- To provide opportunities for parents and children to discuss various aspects of reproduction in an informal way.
- To reinforce the role of parents as a source of information on matters pertaining to sexuality and reproduction.

Content

- Introduction
- Family structure and family relationships
- Male/female babies – which is which?
- Protective behaviours
- Male/female reproductive systems
- Sexual intercourse & conception including assisted
- Foetal development
- Twin explanation
- Birth
- Conclusion

Session 2: Preparing for Puberty (Years 5 & 6) (Years 3 & 4 at parent's/guardian's discretion)

Objectives

- To provide information on puberty for 10-13 year olds, in relation to the physical changes and emotional changes (in particular, helping them feel comfortable about their bodies and its functions; preparing them for the changes during puberty and dispelling the myths and providing accurate, understandable information).
- To help young people feel okay about being different. Everyone develops at a different rate, especially during puberty.
- To confirm their individuality and promote self-esteem.
- To facilitate communication between parents and their children and encourage young people to take their questions, problems and concerns to their parents.

Content

- Introduction
- Revision of Session 1
- How, why and when of puberty
- Physical and emotional changes to both boys and girls
- Changes to boys only
- Changes to girls only
- Why are these changes happening?
- Conclusion

Cost: \$32 (incl. GST) per family to attend one session
\$37 (incl. GST) per family to attend both sessions
Includes an Interrelate Educator

Please Note: A minimum charge of \$590 per school (\$649 incl. GST) applies where attendance numbers do not meet or exceed this amount. This charge covers both sessions.

Tel: (02) 8882 7875 • schoolservicesnsw@interrelate.org.au • www.interrelate.org.au

Family Program Bundle 2



Permission Flyer

Session 1: Where Did I Come From?

Time: 6:00pm

Audience: Year 3 and 4 students and their parents/carers

Sessions: 1 x 60-minute session

Program focus:

- Discuss the male and female reproductive systems, foetal development and the birth process
- Personal safety and protective behaviours

Note: Older students are encouraged to attend if they have not previously seen this program.

Session 2: Preparing For Puberty

Time: 7:15pm

Audience: Year 5 and 6 students and their parents/carers

Sessions: 1 x 60-minute session

Program focus:

- Discuss the physical changes of puberty, emphasising that it can be different for everyone
- Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls
- Enhance awareness of children's personal safety and protective behaviours

Note: Younger students are welcome to attend at the discretion of their parents/carers.

Family cost: 1 session \$32 per family | 2 sessions \$37 per family
Please note that this cost is GST inclusive

Where: Muswellbrook Public School

When: 04-Mar-2020

(Specialty books are available for purchase on the night)

Please complete and return to your school with cash/cheque payment in an envelope

(please make cheques payable to the school)

Family name: _____

No. attending: Session 1: Where did I come from? _____ Session 2: Preparing
puberty _____

in Interrelate's 'Family Evening Program Bundle 2'. Enclosed is my payment of \$ _____

Signed _____ Date _____
Parent / Guardian

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