



# Muswellbrook Public School

## What's On – Term 1 – Week 5

### Humanity and Excellence

Roger Street, Muswellbrook NSW 2333

Email: [muswellbro-p.school@det.nsw.edu.au](mailto:muswellbro-p.school@det.nsw.edu.au)

Telephone: (02)6543 2500 Fax: (02) 6543 3378

Stay up to date with the Skool Bag App – Muswellbrook Public Skoolbag"

Find us on Facebook: @MuswellbrookPublicSchool



We are  
**SAFE**

We are  
**RESPECTFUL**

We do our  
**PERSONAL BEST**

*Everyone, Everywhere & Every Time*

Dear Parents and Carers,

Well, another week has come and gone in the blink of an eye. I have certainly enjoyed seeing all classes settled and engaged, with students working toward meeting the high expectations in learning and behaviour held for them and by them.

A highlight of last week was certainly the Power FM breakfast visit! What a great community event. Many thanks to the families and staff who came along to share the fun – and to enjoy the healthy breakfast provided. Thanks also, of course, to the Power FM team for supporting our school. The wonderful MPS mascot ROGER even made a special appearance. By all accounts, he almost required his own security crew to help move through his thronging fans! Roger is a very popular and positive influence across the school in promoting our core values of SAFE, RESPECTFUL and PERSONAL BEST.

On a similar note, I'd like to remind parents and carers that our school serves and supports all of its families. Please do not hesitate to contact your child's class teacher, our learning and support specialist Janette Scowen, school counsellor Annette Jones, deputy principal Clive Kerrigan or myself with any issues or concerns. As is said in advertising, 'No problem is too big or too small! We regularly support families with learning, financial, social and wellbeing queries. Confidentiality guidelines apply to all of these conversations.

Please just contact the office on 6543 2500 and ask to speak to the person you'd like to talk to. If unavailable, you can leave a message for that person to call you back, and a preferred time if appropriate. By supporting families, we support the education and wellbeing of our students, which is our core business. It is so important that we work together to do this.

Best wishes for a great week.

Fiona Lewis  
*Relieving Principal*



## UPCOMING EVENTS

### ASSEMBLY news

**All assemblies will commence this week.**

The K-2 assembly will be held on Wednesdays at 2:30pm and the 3-6 assembly will be held on Fridays at 2:30pm.

#### HEALTHY HAROLD

MPS will be participating in the life education program starting Monday 9<sup>th</sup> March – Friday 20<sup>th</sup> March 2020.

The cost of the event is \$3.00 per student. This has been subsidised from \$10.00 through the generous sponsorship provided by BHP Mt Arthur Coal Mine.

An information note has been sent home, please complete the permission slip and return to school accompanied by your \$3.

Thank you



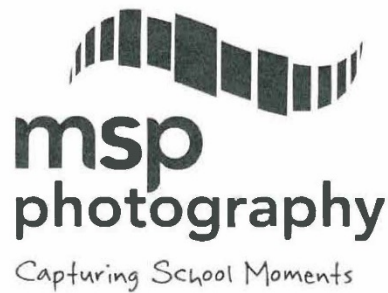
#### SAY CHEESE!

School photos are scheduled for Wednesday 26<sup>th</sup> February and Thursday 27<sup>th</sup> February 2020.

Photo envelopes have been sent home. If you have not received one please phone the office on 6543 2500.

Please ensure that Students are dressed in full school uniform for their photo, regardless of if they have sport.

An information flyer and the School Dress Code are included in the newsletter.



# say cheese

## School Photo Day is

26 February 2020 / 27 February 2020

***Have your child's school memories captured forever***

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:



- Don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon *request*
- Please enclose correct money as no change is given.
- Credit card payments are available online - You will need your personalised shoot key located on your child's envelope to place your order online.

**For any enquiries, please feel free to contact us**

e [admin.nhvcc@msp.com.au](mailto:admin.nhvcc@msp.com.au)

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[www.msp.com.au](http://www.msp.com.au)

# PHOTO SCHEDULE

## Wednesday 26<sup>th</sup> February

	Time	Group	No. of Students
1	9.15	Captains/Vice	
2	9.25	Sports House Captains	
3	9.30	K-6B	
4	9.45	4C	
5	10.00	4D	
6	10.15	3M	
7	10.30	3S	
8	10.45	2J	
9	11.00	2H	
10	11.15	BREAK	
11	12.00		
12	12.15	1WT	
13	12.30	1F	
14	12.45	Siblings	
15	2.00	BREAK	
16	2.30		

## Thursday 27<sup>th</sup> February

	Time	Group	No. of Students
1	8.30	All Staff	
2	9.15	KM	
3	9.30	KL	
4	9.45	KS	
5	10.00	KT	
6	10.15	3/4P	
7	10.30	1M	
8	10.45	1/2W	
9	11.00	5/6A	
10	11.15	BREAK	
11	12.00		
13	12.15	5/6B	
14	12.30	5/6H	
15	12.45	5/6K	
16	1.00	5/6W	
17	1.15	5/6S	
18	1.30	ALL YEAR 6/ SRC	
19	1.45	CATCHUP PHOTOS FROM 26/2	
16	2.00	BREAK	
17	2.30		

# MUSWELLBROOK PUBLIC SCHOOL

**Roger Street  
MUSWELLBROOK 2333**



**Telephone: 6543 2500  
Fax: 6543 3378**

## DRESS and APPEARANCE CODE POLICY

### Rationale:

Following extensive discussions with students, staff and P & C representatives, the parent body endorsed the following Dress and Appearance Code Policy for students that attend Muswellbrook Public School. This was ratified by the P & C Association in August 2016.

In designing these expectations we have taken into account the very strong desire for our school to be a school of excellence, for our children to have pride in attending our school and the belief that children need to be well-groomed, clean to enable them to have the confidence to perform at their best.

### Uniform:

#### **Summer:**

- Light blue polo shirt with embroidered emblem.
- Navy shorts/skorts
- Navy socks
- Navy wide brimmed hat or navy bucket hat. (Light blue hats in special circumstances).
- Black leather shoes or black leather joggers.

#### **Winter:** (as per Summer plus)

- Navy track pants or boot leg pants.
- Navy V-neck sloppy joe with embroidered emblem.
- Navy taslon school jacket with embroidered emblem.
- Navy fleece lined jacket.

### Sport Uniform:

Students are required to wear their sports uniform on Friday and when advised. This involves:

- A sport shirt representing their house
- Appropriate shoes (joggers)
- Navy shorts/skorts

*Children who come to school out of uniform will be asked to wear a clean uniform provided by the school and will be expected to have it washed and returned. Failure to wear school uniform may result in the child not being able to represent our school.*

### Appearance:

All children are expected to:

- Be clean and tidy each day. Children are allowed to bring roll-on deodorant if required. **Spray deodorant is banned for safety reasons.**
- Come to school with clean uniforms, clean hands, clean teeth and hair combed.
- Acceptable hair styles – spikes, dreadlocks and Mohawk hair styles are considered unacceptable
- Coloured hair is also not permitted.
- Wear only blue scrunchies or head bands.
- Not have any body markings, transfer tattoos, texta or glitter (except on special occasions with the permission of the principal.)
- Wear only natural nail polish and clear lip gel.
- Wear only studs or sleepers in their ears with no more than two earrings in the lobe of each ear. One being a stud the other a sleeper.
- Wear only “special” jewellery such as medical bracelets which have significance to be worn. Children wishing to wear such items should discuss their intention with the deputy principal before choosing to wear them.
- Body piercing is not permitted to be worn at school or on any school activity.

**NB:** Many of these items are not allowed for school or sporting teams for WH&S reasons.

**Children, please remember to wear your beautiful smiles!**



Year 6 Students will again be attending Lake Keepit Sport and Recreation Centre this year.  
The camp will take place from Monday 11<sup>th</sup> May – Friday 15<sup>th</sup> May 2020.

**DUE TODAY:** A non-refundable deposit of \$150 is required by Tuesday 25<sup>th</sup> February 2020 to secure your child's place on this excursion.

The remaining instalments need to be paid by the following dates:  
2<sup>nd</sup> payment -\$100 is required by Tuesday 24<sup>th</sup> March  
3<sup>rd</sup> payment - \$100 is required by Tuesday 7<sup>th</sup> April



## Muswellbrook Cup – Half Day Public Holiday Friday 27<sup>th</sup> March 2020

Parents and Carers are reminded that Muswellbrook Public School will adhere to the gazetted 2020 Local Public Holidays Act by ministerial order as published on the NSW legislation website.

Muswellbrook Public School will operate from 8:30am until 12:00pm, on this day. At 12 noon all staff will complete their duties, from this time onwards, the school is closed.

Please be aware that there will be NO midday pick up by the bus companies so families will need to make arrangements to collect their children at this time.



**Muswellbrook  
Public School  
Fete will be held  
on Friday 23<sup>rd</sup>  
October 2020.**

# -COMMUNICATION-

## WHAT WE DO

Our school is an exciting and very busy place to be. There is always so much happening both inside and outside the classroom. With this in mind we are aiming to take a more active approach to communicating with the school community and even the boarder community.



On our website you can access, the school newsletter, school news, photo galleries and general information.  
<https://muswellbrook.schools.nsw.gov.au/>



We use the skool bag app to send out key reminders, save the dates, announcements, newsletters and some notes via our app.



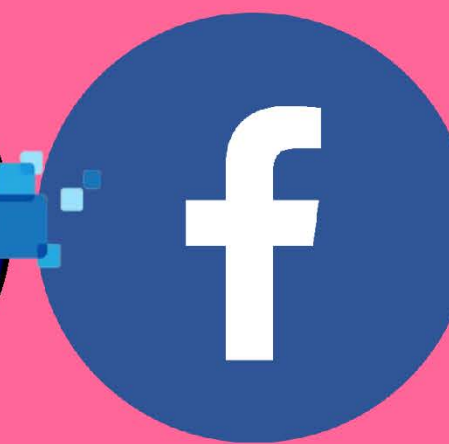
If at any time you require clarification or further information, we encourage you to contact the school office on **6543 2500** between 8:30am – 3:30pm.



You can also contact the School via email at [muswellbrook.school@det.nsw.edu.au](mailto:muswellbrook.school@det.nsw.edu.au)



Our newsletter is produced weekly on a Tuesday. The school newsletter is sent out via email, skoolbag and can be found on the school website.



Our School Facebook page is used to celebrate student achievement and showcase many of the exciting things taking place at MPS. Find us @muswellbrookpublicschool

**WE HAVE 6 FORMS OF COMMUNICATION!**



## Zone Swimming Carnival

On Tuesday the 18<sup>th</sup> of February, students from MPS competed at the Zone Swimming Carnival in Scone. MPS was well-represented with students competing across all events and age groups. There were a lot of nerves and fierce competition but that did not stop MPS students from having a splashing good time! Whether they were in or out of the water, all students represented MPS with pride and displayed our PBL values. It was great to see so many students 'seas' the day! Ribbons will be presented to students on Friday the 3<sup>rd</sup> of April, Week 10 at assembly.

Thank you to Mrs Douglas for finalising school carnival times and organising notes for those students who made it through to Zone. Thank you to Miss Dawson for organising a gazebo to protect students from the sun and for being our very own MPS marshalling guru. Another special mention to Mr Gallen and Mrs Cox for giving up their spectator time to be time keepers.



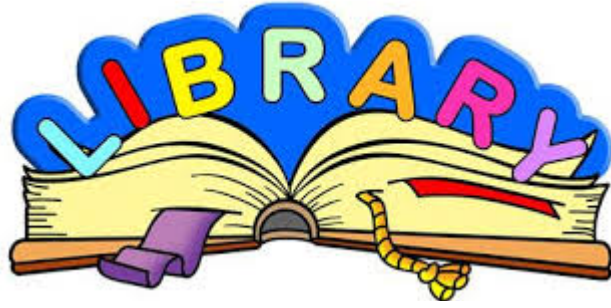
A huge congratulations to Ruby G, Isla W and Layla C

who are continuing on to compete at Regional in individual events. Another huge congratulations to our Junior Girls Relay team, Isla W, Bette L, Candace O and Myah G who are also continuing on to Regional. Good luck girls!



Thank you,  
Miss Hayter

A massive congratulations to Layla C, who smashed the Zone UHPSSA 12 year Girls 50m Freestyle record last week. Layla is now the current record holder with a swim of 32.50. Well done Layla, what a fantastic achievement!



## HELLO,

The Library borrowing program is going well this term and we thank those students who have returned their books back on time. The secret to their success is that at home they leave their library books and bag in the same spot, when they are not being read. This reduces the chances of them being lost. We also encourage students to pack their library bag the night before they have library, as we all understand that mornings can be busy.

However, with this being said there are still many children with overdue books. Students are encouraged to return their books ASAP or if they are lost, please let me know. There is a fee associated with a lost book.

The Boomerang Bags have been a big hit with the students and the majority of the children have returned them promptly. Thank you to all of those children. If the Boomerang Bags are not returned within the two weeks they become overdue just like a book.

There are material library bags for sale for \$4.00 and \$5.00 in the library.

Also at the Uniform Shop there are library bags made from material which is almost 100% waterproof for \$12.00.

Reading is very important for children as it allows the brain to create new connections. These connections assist children in their learning for now and in the future.

What book are you reading with your child at the moment?

Happy Reading!

## Zone Upper Hunter PSSA trial for Rugby League

This Wednesday 26th February, 12 Muswellbrook Public School Students will travel to Aberdeen to compete in the UHPSSA Rugby League trials. The boys will be hoping for a spot in the Opens or 11's PSSA Rugby League team. Good luck to Seth P, Xavier M, Tyler M, Ryan H, Koby M, Izayah N, Koby F, Campbell D, Cooper L, Daesjarn C, Wes C and Connor S. We know you will represent MPS proudly.

Time: Start 9:00am (sharp). Finish at 3:00pm

Venue: Jefferson Park, ABERDEEN

Cost: \$5 paid to the school and an additional \$2 on the day to pay for referees.

Transport: Private Transport (parent supervision required on the day)

Uniform: School Uniform, Boots, Socks, Shorts, mouthguard and protective gear.

## PBL Infant Winners

Evie W – 1M

Ada W – 2J

Isla S – KM

Heath W – 1M

Cooper V – 2J

Ella-Anne W – 1M



Do you have a special family recipe?

The SASS Staff are requesting your assistance to create a “Simple & Easy Family Cookbook”.

If you have a family recipe that you would like to include, please send it to the school – [muswellbro-p.school@det.nsw.edu.au](mailto:muswellbro-p.school@det.nsw.edu.au) and include the names of your child/ children.

A cookbook of all the recipes will be compiled and then sold to assist with fundraising efforts associated with the fete.



**DOESN'T THE SENSORY GARDEN LOOK AMAZING?!**



KL – Layla K – for her colourful cupcake for the “c” sound.

KM – Isabella B – for her pretty parrot for the sound of “p”.

KT – Beth L – for her colourful parrot for the “p” sound.

1/2W – Lila R – for her fantastic information and diagrams about man made materials.

1WT – Denzel H – For great information about water in the environment.

2H – Vienna M – for her lovely landscape artwork.

2J – Tori J – effort during maths rotations.

## Principals Awards

1F – Isaac H – A beautiful “natural” features artwork.

1M – Jane P – for her marvellous monster adjectives.



relationship experts since 1926

## COMING TO OUR SCHOOL ON WEDNESDAY 4TH MARCH 2020

**Session 1 – where did I come from? Starting at 6:00pm**  
(Aimed at students in year 3-4)

**Session 2 – preparing for puberty? Starting at 7:15pm**  
(Aimed at students in years 5-6)

**The cost is \$32 per family for 1 session  
and \$37 per family for 2 sessions.**

**PLEASE NOTE PAYMENT MUST BE MADE IN  
CASH TO THE SCHOOL OFFICE!**

**EVERYONE IS WELCOME TO ATTEND!**

Please see session overview and permission flyer below for  
additional detail.



For more information call  
the School on 6543 2500

## Family Program Bundle 2



### overview & session outline

#### Session 1: Where did I come from? (Years 3 & 4)

##### Objectives

- To help children aged 8-10 years gain an understanding of the structure and functions of the reproductive system in males and females.
- To provide information on conception (describing sexual intercourse, associated with love in the context of a caring relationship), foetal development and birth of a baby.
- To provide opportunities for parents and children to discuss various aspects of reproduction in an informal way.
- To reinforce the role of parents as a source of information on matters pertaining to sexuality and reproduction.

##### Content

- Introduction
- Family structure and family relationships
- Male/female babies – which is which?
- Protective behaviours
- Male/female reproductive systems
- Sexual intercourse & conception including assisted
- Foetal development
- Twin explanation
- Birth
- Conclusion

#### Session 2: Preparing for Puberty (Years 5 & 6) (Years 3 & 4 at parent's/guardian's discretion)

##### Objectives

- To provide information on puberty for 10-13 year olds, in relation to the physical changes and emotional changes (in particular, helping them feel comfortable about their bodies and its functions; preparing them for the changes during puberty and dispelling the myths and providing accurate, understandable information).
- To help young people feel okay about being different. Everyone develops at a different rate, especially during puberty.
- To confirm their individuality and promote self-esteem.
- To facilitate communication between parents and their children and encourage young people to take their questions, problems and concerns to their parents.

##### Content

- Introduction
- Revision of Session 1
- How, why and when of puberty
- Physical and emotional changes to both boys and girls
- Changes to boys only
- Changes to girls only
- Why are these changes happening?
- Conclusion

**Cost:** \$32 (incl. GST) per family to attend one session  
\$37 (incl. GST) per family to attend both sessions  
Includes an Interrelate Educator

**Please Note:** A minimum charge of \$590 per school (\$649 incl. GST) applies where attendance numbers do not meet or exceed this amount. This charge covers both sessions.

Tel: (02) 8882 7875 • schoolservicesnsw@interrelate.org.au • www.interrelate.org.au

## Family Program Bundle 2



### Permission Flyer

#### Session 1: Where Did I Come From?

**Time: 6:00pm**

**Audience:** Year 3 and 4 students and their parents/carers

**Sessions:** 1 x 60-minute session

##### Program focus:

- Discuss the male and female reproductive systems, foetal development and the birth process
- Personal safety and protective behaviours

**Note:** Older students are encouraged to attend if they have not previously seen this program.

#### Session 2: Preparing For Puberty

**Time: 7:15pm**

**Audience:** Year 5 and 6 students and their parents/carers

**Sessions:** 1 x 60-minute session

##### Program focus:

- Discuss the physical changes of puberty, emphasising that it can be different for everyone
- Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls
- Enhance awareness of children's personal safety and protective behaviours

**Note:** Younger students are welcome to attend at the discretion of their parents/carers.

**Family cost:** 1 session \$32 per family | 2 sessions \$37 per family  
Please note that this cost is GST inclusive

**Where:** Muswellbrook Public School

**When:** 04-Mar-2020

(Specialty books are available for purchase on the night)

Please complete and return to your school with cash/cheque payment in an envelope

(please make cheques payable to the school)

Family name: \_\_\_\_\_

No. attending: Session 1: Where did I come from? \_\_\_\_\_ Session 2: Preparing  
puberty \_\_\_\_\_

in Interrelate's 'Family Evening Program Bundle 2'. Enclosed is my payment of \$ \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Parent / Guardian

Tel: (02) 8882 7875 • schoolservicesnsw@interrelate.org.au • www.interrelate.org.au